RESPECTFUL COMMUNICATIONS GUIDELINES

R = Take **RESPONSIBILITY** for what you say and feel without blaming others

E = Use **EMPATHETIC** listening

S = Be **SENSITIVE** to differences in communication styles

P = **PONDER** what you hear and feel before you speak

E = **EXAMINE** your own assumptions and perceptions

C = Keep **CONFIDENTIALITY**

T = **TRUST** ambiguity because we are **not** here to debate who is right or wrong

**RESPECT =** The ability to communicate esteem for persons from other cultures and other racial/ethnic identities

Circle the guideline you will give particular attention to so that you and other participants will have a good experience today.

This is widely used in facilitating groups. This particular form is adapted from Eric H.F. Law, *The Bush Was Blazing But Not Consumed*, Chalice Press: St. Louis, MO, 1996, p. 87